

THE RED LION

The Red Lion, 52 Eaton Street, Eaton, Norwich NR4 7LD Tel: 01603 454787 www.redlion-eaton.co.uk

Starters & Nibbles

Marinated Olives with Focaccia, Balsamic Vinegar & Oil	£6.5
Marinated Anchovy Fillets	£7
Baked Goats Cheese Salad with Honey Glazed Fresh Fig	£10
Swannington Ham Hock Terrine with Homemade Piccalilli & Hot Toast	£9.5
Crispy Chilli Beef Salad with Crushed Peanuts	£11
Salt & Pepper Crispy Fresh Squid with Dipping Sauce	£10
Twice Baked Smoked Haddock & Cheese Souffle with Cream & Chives	£12
King Prawns with Garlic & Chilli "Pil Pil"	£13
Tomato & Mozzarella Salad with Salsa Verde & Pistachios	£11
Garlic & Rosemary Baked Camembert	£13
Halloumi Fries with Chilli Jam	£7.5

Salads, Platters & Sides

Meadow Harvest Nourish Bowl - Avocado, Carrot, Beetroot, Tomatoes, Pumpkin Seeds, Micro Shoots & Sprouting Beans	£16
Add Chicken £5 Add Salmon £6 Add Falafel £4	
Ploughmans Platter - Ham Hock Terrine, Vintage Red Leicester, Salad, Pickled Red Cabbage & Crusty Rustic Baguette	£16
Chargrilled Chicken & Bacon Caesar Salad	£18
Chilled Seafood Platter - Smoked Salmon, Crevettes, Shell on Prawns, Anchovies, Samphire, Mackerel Pate, Bread & Aioli (Add a Cromer Crab £12)	£24
Dressed Mixed Salad £4 Garlic Rustic Baguette	£4.5
Baked Honey Carrots £4 Tenderstem Broccoli	£4.5
Chunky Chips or Skinny Fries £4.5 Sweet Potato Fries	£5.5

Desserts

White Chocolate & Orange Brulee with Poppy Seed Biscuit	£9
Katrina's Cheesecake of The Day	£9
Warm Treacle Tart with Vanilla Seed Ice Cream	£9
Summer Berry Pavlova	£9
Bennetts Farm Ice Cream & Sorbet Selection Available by the scoop	£2.75
Cheese Plate with Celery, Biscuits & Chutney	£12

Mains

French Style Chicken Supreme with Sauté New Potatoes, Fine Beans & Pancetta	£23
Lamb Souvlaki Skewers with Greek Salad, Toasted Pitta, Tzatziki & Chilli Sauce	£25
Roasted Cauliflower, Sweet Potato & Squash Croquettes with Wilted Spinach & Crumbled Feta (Vegan & Gluten Free Option Available)	£18
Pan Fried Swannington Lambs Liver & Bacon with Mash & Crispy Onions	£18
Rare Breed Intwood Farm Sausages & Mash with Gravy Jug	£17
Teriyaki Glazed Pork Ribs, with Slaw Salad & Skinny Fries	£21
Sesame Crusted Salmon Fillet with Courgette Ribbons & Honey Soy Drizzle	£23
Suffolk Skate Wing Pan Fried with Capers & Balsamic Butter	£25
Fillet of Fresh Fish in Batter (Catch of The Day) Chips & Mushy Peas	£19
Whole Fresh Plaice Grilled on the Bone with Garlic Butter King Prawns	£26
Fillet of Fresh Halibut with Cromer Crab Cake & Tenderstem Broccoli	£27

Grill

Intwood Farm Hand Pressed Burger with Cheese, Salad, Pickles, Slaw & Fries	£18
Buttermilk Chicken Burger with Crispy Bacon, Salad, Mayo, Slaw & Fries	£18
Norfolk Flat Mushroom & Halloumi Burger with Chilli Jam, Salad, Pickles, Slaw & Fries (Vegan & Gluten Free Option Available)	£18
10oz Swannington Gammon Steak with Fried Free Range Eggs, Grilled Tomato, Beer Battered Onion Rings & Chips	£21
16oz Pork T-Bone Chop with Peppercorn Sauce, Grilled Tomato & Onion Rings	£22
10oz Coffee Rub Flat Iron Strip Steak, Fried Onions & Grilled Tomato	£25
8oz Intwood Farm Rump Steak, Mushroom, Tomato & Onion Rings	£24
Teriyaki Ribs & Steak Combo with Slaw & Onion Rings	£29
10oz Prime Sirloin Steak, Mushroom, Tomato & Onion Rings	£32
10oz Ribeye Steak with Grilled Tomato & Mushrooms in Garlic Butter	£32
<i>Add Onion Rings</i>	£3
<i>Add Peppercorn Sauce or Stilton Sauce</i>	£4
<i>Add Butterfly King Prawns in Garlic Butter</i>	£10
All dishes come with a Choice of New Potatoes, Chunky Chips or Skinny Fries	

FOOD ALLERGIES & INTOLERANCES - All our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are prepared and our menu descriptions do not include all the ingredients. Please ask a member of staff if you require assistance

An optional service charge of 10% will be added to the bill